

I Am Eternal Bliss
Rabbi Zev-Hayyim Feyer

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Eternity yawns at you, below and above, on the left and on the right, in front and behind, within and without.

With open eyes, behold yourself as the little body.

Now close your eyes. You are the Cosmic Center. Around you revolves the Sphere of Eternity, the Sphere of Bliss, the Sphere of all-knowing, living Space.

Feel G*d as a gentle Body of Bliss breathing in your body of universes. Perceive G*d shining through the bright twinkles of all luminosity and through the waves of Cosmic Consciousness.

Feel G*d as the Light of Solar Inspiration holding the luminaries of your thoughts in the rhythm of balance.

Feel G*d as a bursting Voice, leading, guiding, teaching, secretly and openly, in the soul temples of all beings and all Creation.

G*d is the Fountain of Wisdom and of radiant Inspiration flowing through all souls. G*d is the Fragrance wafting from the incense vase of all hearts. G*d is the Garden of celestial blossoms and bright thought-flowers. G*d is the Love That inspires our dreams.

Feel G*d percolating through your heart, through all hearts, through the pores of the earth, through the sky, through all created things. G*d is the eternal Motion of Joy. G*d is the Mirror of Silence in Which all Creation is reflected.

And G*d permeates your very being, and you know this innermost truth:
I am infinite. I am spaceless. I am tireless. I am beyond body, mind, and utterance. I am beyond all matter and mind. I am eternal Bliss.

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