

Harmony Instead of Heartache

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Rabbi Zev-Hayyim Feyer

Our thought for today is

HARMONY INSTEAD OF HEARTACHE

Harmony comes when we face resistance with love rather than confronting it with opposition.

HARMONY INSTEAD OF HEARTACHE

Harmony issues forth when we bend and sway with Nature's pattern, with the breeze, with the tide, with the seasons.

HARMONY INSTEAD OF HEARTACHE

Harmony is not attained in agonized submission nor in hopeless despair before overwhelming forces.

HARMONY INSTEAD OF HEARTACHE

Harmony is tasted in quiet waiting while the storm brews until love and wisdom disperse the clouds and re-create the sunshine which always follows the rain.

HARMONY INSTEAD OF HEARTACHE

We are harmonized to life's tune when we accept the rain as a sister to the sun and use the wake of the storm as a quiet time to mobilize our inner perspective.

HARMONY INSTEAD OF HEARTACHE

By harmony our souls are swayed. By harmony the world was made.

HARMONY INSTEAD OF HEARTACHE

And now, as we enter the silence, let us take this thought with us and rest in it:

HARMONY INSTEAD OF HEARTACHE