

Face Change Without Fear

Rabbi Zev-Hayyim Feyer

Our thought for today is
FACE CHANGE WITHOUT FEAR

Change can bring blessings in disguise. Acceptance of change shows that we are ready for new experiences, new growth, new fulfillments.

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Resistance to change is tension born of fear or apprehension. We fear that newness will imply loss. Holding on, however, does not prevent change but only shuts the door to new and necessary movement forward from the infantile self to the mature self.

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Moving with change will accomplish the good goal painlessly and profitably. Change, like money change, is a form of barter. One experience is the coin with which we may purchase another experience.

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If I am to know your beauty, it has been said, I must know it right now, because tomorrow you will have a new beauty.

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Love allows change; wisdom explains it. Love and wisdom together capitalize on it.

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There is nothing permanent except change.

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And now, let us enter the silence, taking this thought with us and resting in it

I FACE CHANGE WITHOUT FEAR